

**There are 168 Hours in a Week
168 hours minus...**

- ...56 hours (sleep-7 days x 8 hours)
- ...55 hours (fulltime job 5 days x 8 hours + travel time included)
- ...10 hours (errands)
- ...7 hours (cleaning)
- ...8 hours (children/carpool)
- ...10 hours (cooking/clean-up)
- ...3 hours (church)

**Total of 19 hours left unaccounted for in a week!
This is a FULL TIME career in Mary Kay!**